



Intuitive Souls Academy

— TRAINING CENTRE —

Feeding the Soul

Courses, Classes and Workshops – Timetable 2025

Rainbow House Wellbeing Centre – 6 North St Parade, Sudbury Suffolk CO10 1GL
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Hello and welcome to our timetable for 2025. In this brochure, you will find the timetable on the next page and further on you will find a brief description, the duration and your investment. For more information about any course, class or workshop, let us know what you are interested in, and we will let you have it.

For Reiki Attunement only... if the date I have set does not suit you, then please call for an alternative date.

Spaces are limited on all trainings, so booking is essential. A deposit will be needed to secure you a place on any course, class, or workshop with the balance payable on or before the day. There is more information about individual courses, classes or workshops at the back of this brochure detailing all spiritual training courses, classes and workshops.

Meditation Circle – Your Hour to Power! Thursdays at 7pm – online through messenger and zoom... if you would like to join us then let us know so that we can add you to the group. These sessions are FREE!

Psychic and Mediumship Training Courses – Psychic or Medium...which are you? 10am to 12noon, or 7.30pm to 9.30pm. I usually run these as a 3-month course, with a 2-week break before starting again. This means they run throughout the year. I have 2 running this year one on a Friday morning and one on a Tuesday evening. You can book the whole course and receive a discount, or you can pay on the days you attend.

Full Timetable 2025 – One day workshops – check page 5 onwards for full details, and prices

If you are interested in one of the courses, classes and workshops that have already taken place, then please let us know because if we have enough people interested, we can always put it on again.

- The Gift – How to work with Mediumship if you don't want to give readings – 7 weeks 10am to 12noon starting 29th May. Everyone can be a Medium, even you. Investment: £147
- Space Cleansing and Healing Day – Cleanse and heal you and your home – 31st May – Investment £75
- Cellular Healing and Activation because you can take charge of your own health and wellbeing – 14th June – Investment: £75
- Chakras & Aura – Rebalance the natural healing you can do yourself – 10 weeks online – Starting 23rd July – £198
- Reiki III – Teacher Trainer – pure, simple and with love to give the gift or Reiki Attunement – 26th July - Investment: £499
- Dream Big and Make It Happen – Vision Board Course – 4 weeks online starting 28th July – £99
- Reiki I – Just for you, pure and simple to open up the healer in you – One day - adults or young person's – 13th September – Investment: £199
- Colour Your Life – How to use colour to empower you to attract all you need. 27th September – Investment: £75
- Meet Your Confident Self – You deserve to be confident so that you can take inspired action without worrying about the outcome. One day 1st November – Investment: £75
- Reiki II – For others, pure, simple with a bit of oomph! – start a new career as a Reiki Practitioner and share the healing energy – 26th April or 30th April – Investment: £299

Short Courses

- Psychic and Mediumship Training – 2 hours on a Friday morning or a Tuesday evening for 12 weeks with a 2-week gap in between. Ongoing all year round, and you can book on the 12 weeks, and pay up front or you can come when you wish and pay as you go along. Investment: £96 or £10 a week.
- Intuitive Tarot – In person training - 8 weeks Saturday morning 10am to 12noon or Wednesday evening 7.30pm to 9.30pm

- R U Psychic – Yes you are! New for 2025 - 12 weeks for you to explore all your Psychic Gifts and how to use them. 7.30pm to 9.30pm online or 10am to 12noon in person

Already happened

- Intuitive Tarot Day – Learn to read the cards your way
- Meet Your Guardian Angel Day
- Meet Your Spirit Guides Day – Your Divine Support
- Crystal Healing Day – Natures gifts that keep on giving – adults and young persons

Manifestation Masterclass – 5 weeks starting 14th June – Manifest what you want, wish or desire. On this course you will get clear on what you want, wish or desire is and learn the steps that will manifest the life you are looking for. Investment: £99

Be one of the first to know what is going on with Linda at the Rainbow House Wellbeing Centre by applying to go on our mailing list. Simply fill in a form www.lindarowntree.com/home

Gift Vouchers are available for all services offered at Rainbow House Wellbeing Centre and the Intuitive Souls Academy Training Centre. Card payments are accepted or by bank transfer.

All course material is supplied which may include a manual and certificate of attendance.

I am an Intuitive Life Coach, and I have these programmes running at the moment.

Be Soul Confident Programme – a 3-month programme to re-connect the Soul that you are. By remembering what we are here for and how the Universe works, our journey then becomes a whole lot easier, building self-esteem, self-love and confidence along the way. Wherever you are on your journey, whether you are just waking up to your spiritual side, or confused because you thought it might be easier, this will help you to embrace the Soul that you are.

My Souls DREAM Business Start Up Programme – 3 months 1-2-1 course that takes the business you dream of and makes it a DREAM business.

I also run another 12-week programme for you if you already have a business, but feel stuck, which most businesses get to at some point in their growth.

The 'GIFT' – this is the same as the group course, except that we do this on a 1-2-1 either in person or online.

Quest for Happiness Programme – 3-months of 1-2-1 help and support for you to find your true happiness, through Soul Purpose so that you can live your life to the fullest. Awaken the Spirit in you, remember what you came here to do and how you can do it with the help of your Divine Support Team.

For more details on these programmes please look at www.lindarowntree.com. If you would prefer you can email: linda@lindarowntree.com for a brochure which has all the information you will need to decide which programme is ideal for you.

Other Services Offered at Rainbow House – Any service shown here can be booked via calendly.com/lindarowntree or by telephoning 07581 533 425 and be online or in person.

Complementary Therapies

Intuitive Life Coaching

1-2-1 Readings

Psychic Parties and Angel Parties

Crystal Gifts



Linda Rowntree is a Psychic Medium, Intuitive Life Coach, Energy Healer and Spiritual Guide with many years of experience in complementary therapies. Linda has taught for the Association of Reflexologists and Association of Natural Medicine, but now teaches self-development courses, classes and workshops in her own right. Linda is fully insured and has relevant DRB checks.

In early 2021 I published a book 'The Universe is Talking to You'. You can get it now on Amazon or at Rainbow House Wellbeing Centre - 6 North St Parade, Sudbury, Suffolk

Trust and Believe in Yourself as You Trust and Believe in the Universe - Linda Rowntree

I look forward to being of service to you

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COURSES, CLASSES AND WORKSHOP INFO IN BRIEF

Meet Your Guardian Angel Day Ask for their help & it's yours-10am to 4pm

Meet the Angels who are your Guardians as well as the Archangels so that you can connect with them whenever you choose. They are always with you – you just have to ask for their help and guidance – Investment: £75

Angel Party - In the comfort of your own home. You can have as many people as you wish, and I am with you for about 3hours... Each guest will get a manual to keep and a certificate of attendance. Investment £35 per person

Intuitive Tarot Day - 10am to 4pm – Read the Cards Your Way

You will get a basic understanding of the history of the cards and the story which inspires the Tarot. You will be taken on a journey of the Major Arcana and the meaning of the Minor Arcana. This will lead you to read the cards intuitively. You will explore different spreads and equipment needed as well as how to link in and get the best of the information before being able to give a reading – Investment: £75

Crystal Healing Day – The Gifts of the Earth-10am to 4pm

Connect with the energy of the Crystals made of the Earth...they can heal, guide and create a positive environment for you. Crystals are a natural gift from the Earth to You and they just keep on giving. We will look at choosing, clearing, and how to use these beauties to heal yourself – Investment: £75

Cellular Healing and Activation Class – 3 hours to learn how to remind your body on a cellular level how to not only heal itself, but to maintain good health after.
Your investment: £75

Meet Your Spirit Guide and Animal Totem – Your own Dream Team – 10am to 4pm

Enjoy the connection made on this day with your Spirit Guide(s) and find out how they work with you to help you enjoy the life you have chosen. Animal Totems can be for life, a short time or a fleeting moment and each one will have a message for you – Investment: £75

Dowsing Workshop – You Only Have to Ask! - 10am to 4pm

You will learn how to use a Pendulum and Dowsing Rods to find the answers you look for. Your intuition will show you the way to magic what you are looking for want, wish or desire – Investment: £75

Space Cleansing and Healing– For You, and Your Home - 10am to 4pm

Learn how to clear and heal your personal space as well as how to maintain it by smudging, using light and sound. Healing your personal space is as important as keeping your own body fit and healthy – Investment: £75

Reiki I – For You, Pure and Simple-10am to 4pm

Learn how to give yourself the healing you need just as Dr Usui did. This Attunement lifts your consciousness to a higher level so that you can heal yourself with confidence. Investment: £199

Reiki II – For Others, Pure and Simple with a bit of oomph-10am to 4pm

This Attunement is for those who wish to practice this amazing healing art on others. This day will give you all you need to be a confident Reiki practitioner. Investment: £299

Reiki III – For those who wish to Attune Others, Pure and Simple with Love 10am to 4pm. For those of you who wish to increase your healing channel and help others gain Attunement. This day will bring out the Master Teacher in you. Investment: £499

As I have gone along on my journey, I have been part of many courses, classes and workshops as a student. One thing that was common to most of them is that any questions have come up after the day, and that is why all my Reiki Attunement have ongoing support included in the price. Also included is a manual and a certificate of Attunement on the day. I am happy to do Reiki Attunement to suit a day and time to suit you, so please ask. I have a separate Reiki Prospectus, so if you would like a copy then please ask.

SHORT COURSES

R U Psychic? Yes, You Are! – 12-week course -10am to 12noon

You may have had insights, you may have smelt a perfume with no explanation, or you know who is going to be on the other end of the telephone before you answer it. If you have experienced such things which seem to have no logical explanation – then you may be showing psychic ability. You may also experience other odd co-incidences. If

you do and would like to explore your gift in a safe environment, then this is the day for you. Learn how to read the energy of a person place or thing. No previous experience is necessary – Investment: £147

Intuitive Tarot Course – 8 weeks course 10am to 12noon – Read the Cards Your Way

You will get a basic understanding of the history of the cards and the story which inspires the Tarot. You will be taken on a journey of the Major Arcana and the meaning of the Minor Arcana. This will lead you to read the cards intuitively. You will explore different spreads and equipment needed as well as how to link in and get the best of the information before being able to give a reading – Investment: £147

Visionboard Course – Dream Big and Make ‘IT’ Happen - 4 weeks course online

Bring your dreams into the here and now...there is a formula for making a vision board work and on this course, you will learn what that formula is and how to give it the power to manifest whatever you want. Once you have this formula and understand it you can use it at any time to bring your dreams into reality. Remember any Dream Will Do... Attract your ‘IT’. This is being run as a short course – Investment: £99

Meditation – If You Do Not Go Within, You Will Go Without - 7pm to 8pm

Your Hour to Power. Enjoy the time and the space to connect with yourself on a deeper level. Being mindful is vital to enjoying the world around you. This hour is held on a Thursday evening via zoom and messenger. Investment: FREE.

Psychic and Mediumship Training Courses – Friday morning or Tuesday evening

A structured 3-month journey where you can explore your gifts and the ‘clairs’. You are psychic and you do have the power. This is open to anyone whether you already have an understanding or not. Learn how to connect with Spirit and the information they are still eager to give. I have 2 circles running throughout the year – Investment: £96

Chakras and Aura Course – Wednesday evenings-7.30pm to 9pmish

A 10-week course all about your personal energy system. On this course you will learn about the 7 main Chakras as well as 7 more...yes you really do have that many! You will discover why looking after them is so important and how each one has an effect on our everyday life – Investment: £198

The Gift – From Spirit to YOU - 7.30pm to 9pmish

This is for anyone who has a connection with the Spirit World but does not want to do readings for the public. There are so many ways you and Spirit, can work together...

and they are so willing to help you. You all have a spiritual support team, and they will be different to everyone as are your own gifts and how you use them. This is a 10-week course – Investment: £147