



Coaching and Mentoring for Spiritual Awakening

Intuitive Souls TLC

Intuitive Transformational Life Coaching
Transforming the Soul

Linda Rowntree

Intuitive Life Coach – Psychic Medium - Energy Healer – Spiritual Guide

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Find me on:



In 1998 I was becoming more and more disillusioned with my career as a Corporate Accounts Manager and so I retrained as a Complementary Therapist and took on a new career. It was love at first contact and because I loved it so much it seemed a natural progression to move into teaching it, not only for myself but for The Association of Reflexologists and The Association of Natural Medicine.

Several years on and I began to introduce 1-2-1 Psychic and Mediumship readings, and this then led to platform demonstrations and the occasional Mind, Body and Spirit fairs. I also had to fit in the usual family commitments, so you can understand that it seemed to me that I was here, there and everywhere and this was causing me to feel exhausted and not always able to give of my best or so I thought.

I have always been proud of the fact that I give good value in my business, but I was finding it hard to see a way of fine tuning what I was doing and stop spreading myself so thin.

It was early in 2017 that I sat in meditation and put the thought out that I was feeling stuck with the way my business had evolved and I was not sure how to change it. I knew it had to change, I was feeling it every day, but I didn't have the clarity to be able to see how to do it.

The Universe then answered my call and a chance conversation with a Life Coach gave me the idea of putting all my skills and knowledge together and so Intuitive Transformational Life Coaching was born.

My name is Linda Rowntree, and I am an Intuitive Transformational Life Coach specialising in Soul Purpose, which is what we came here to do. Our Life Mission, is how we actually carry out our Soul Purpose and I help you to reconnect to your Soul Gifts which are what we need to make our Life Mission easier and more fun.

What Intuitive Transformational Life Coaching is...

Intuitive – In tune with all that you know and understand. In the moment you just know something to be true

Transformational – The ability to make the changes to move from one space to another with clarity of thought

Life – Mind, Body, Heart, Soul and Spirit in alignment so that life is easier

Coaching – Help and support to realise the Life you Desire and Deserve

Intuitive Transformational Life Coaching or Intuitive TLC is all about helping and supporting you to understand the questions, to find the answers and so empower yourself with the knowledge that all you need to know is inside you. Answers may be difficult because we quite often do not know what questions to ask.

How Intuitive Transformational Life Coaching can help you...

I am a Psychic Medium, and I use my intuitive gifts to link with you and help you dig deep into your own psyche to find the answers that you are looking for. I cannot do the work for you but empower you to find your own answers.

What happens if you choose to try Intuitive Transformational Life Coaching...

First thing to do is book a call with me through my website via calendly, or by telephone or email, this is our first initial contact. These calls are free of charge, and it is an informal chat so that we are both confident of being able to work together. There will be a short form for you to fill in before our call and this is so that we can get straight into transforming your life.

If you are still unsure?

If after reading this, you are still unsure whether this is for you, or you are not sure what course to go for then again book a FREE call with me either through my website via calendly.com/lindarowntree, or by telephone or email, for a 'Let's Get Clear' call. This call will help you get crystal clear on what you want and how to start the ball rolling. It is FREE of charge, so you have nothing to lose.

Again, this is our first contact, and we have a half hour session on a 1-2-1 basis where you become a little clearer on where you are now and where you want to be. Where you are now and where you want to be can be quite a distance apart and the in between is where you find the answers that shortens the gap for you and moves you along your life path with purpose. There will be a short form for you to fill in before our session, and this is so we can make the most of our time together in getting the clarity you need.

Once you have had your Clarity Call you may then feel that at this stage, you have enough information and incentive to continue with your journey on your own and I want you to know that it is perfectly ok to feel that way. However, if you feel you are now clear on what to do and would like to continue with your development then you have other options to consider...

A Single Session

These sessions are bookable as and when you feel the need for further help. Self-development can be hard work and sometimes overwhelming. This option may be for you if you want to progress at a more leisurely pace. These cost £295 for 60 to 90 minutes.

1-2-1 Coaching Courses

These are usually 3 months of 1-2-1 coaching, usually weekly, but this can vary depending on how fast you wish to proceed. Each course is bookable and payable in

advance, however, I do offer payment plans, so if that suits you better then please ask...after all if you don't ask, you don't get!

These courses may suit you if you want to fast track your inner development and personal growth and reach fulfilment in whatever area of your life you feel it is needed. These sessions are generally on a weekly basis but can be flexible if a longer time is needed in between sessions. These sessions can be in person or online.

Homework may be given after each session on any of the courses, but as usual you will only get out of your development what you choose to put in.

Each 1-2-1 session is followed up with an email or recording hi-lighting what has taken place during the session and any homework or further development work which I may feel is helpful to you. If you do not want a transcript or recording, then that is ok too...I know some of you prefer to work in the moment.

Feeling stuck can affect any area of your life, prevent you from moving forward and can stop you from living the life you are here to lead:

See how many areas of your life you may need help with:

- Job/Career/Business
- Finance
- Relationships
- Health and Fitness
- Self-Image
- Life Purpose
- Confidence and Self Esteem
- Time Management
- Creativity
- Environment

I specialise in helping clients who are looking for Soul direction, or are lacking a sense of purpose, but not exclusively. Feeling stuck can often come from a place of low self-worth or self-esteem, or even spiritual disconnection which can lead to feelings of fear and loneliness. This can affect your confidence and so keep you on the same treadmill. You feel like you are doing the same thing over and over again.

History only repeats itself because we do not learn the first time and as Einstein said
'There is no point in doing the same thing over and over again and expecting a different outcome.'



From Spirit With Love

When I first trained as a Medium it was believed that everyone can be psychic, but not everyone can be a Medium or Clairvoyant as it also used to be known as. I don't believe that anymore. I do believe that everyone is Psychic, and everyone can be a Medium.

A Medium is simply a go between and bridges the gap between those still living and those that have passed over. That being said if you are living then it stands to reason that you can be a Medium in your own right to engage with your loved ones that have passed over.

I have met and had in classes people who can connect with the Spirit World, and they know that giving readings to the public isn't what they want to do with their gift. They know intuitively that they have a gift, and that it should be used, but come unstuck because we automatically think that it can only be used in a certain way. This excludes a lot of people who have 'the gift' but it shouldn't.

This 7-week course will show you that you do have 'The Gift', and you can use it every single day of your life and never give a reading. All you have to do is connect with the Spirit World and listen to what is given and then act upon it. It still means you can give readings, but this course opens you up to so much more.

What does this mean then if you do not want to be a working Medium? It now means you have endless possibilities. You can ask for help with a job, career or business, you can ask for help with relationships, you can ask for help with exams, studies... you can ask for help with being more creative in writing, art, music, to be a

better photographer, employer, employee, Mother, Father, Daughter, Son, Friend...
the list is endless.

By the end of the 7-weeks you will get clear on what being a Medium means for you, and why it is so important. You will be shown how to connect with the world of Spirit and how to listen to it, and more importantly how to do it safely, taking away the fear. It will give you a starting point to move forward with because quite often what holds us back is not knowing where to start. It will give you the confidence you need to be able to work with the Spirit World. They so want to connect with us and help us.

Just a recap... this course is for you if you know you have the gift but don't know where to start with it or don't know what to do with it.

It is for you if connecting in this way scares you – the Spirit World doesn't want to scare you, it defeats their desire.

You are drawn to the Spirit World, but don't know why – Clarity is so important.

You know you have a gift, but do not want to be a working Medium.

You already connect and engage with the Spirit World but wish to strengthen that connection so that you can use what you are given in a more meaningful way.

This is for you if you know intuitively that you wish to connect with the Spirit World, because you know it will enhance your life somehow.

This is for you if you have no idea what a Medium is, how any of this will help you, but something is saying – 'Do IT'.

The Spirit World is a huge place and why should it be that once loved ones are gone, you are left feeling alone and adrift? That is not what they want and neither do you

**This programme is a 1-2-1 and your investment is £525
If you would like a payment plan, then please ask for details!**

I have been a working Medium for 20 years now and love every minute of what I do, and it never ceases to amaze me as to how generous, kind and loving are the people in Spirit that I connect with. I love it so much, which is why I wish to share what I know with you x

BE YOUR CONFIDENT SELF



Who you are today
You created yesterday...

Who you are tomorrow
You create today



This is a 3-month course where you will - Imagine what it would be like to stand in your own power so that anytime you want to say No, you can do it with a feeling of ease and confidence that you are doing the right thing for the right reasons, yours. If you stop the negative chatter and challenge your inner critic, you can treat yourself as an equal.

It is important to have the right mindset, and this can lead to better choices and increased confidence. But just as important is heartfelt emotion and if these are negative and powerful, they can override a positive mindset to leave you feeling fearful and unfulfilled. It will not matter how much you tell yourself 'I am ok, just as I am', if your heart replays feelings and emotions of when you felt less than perfect. Your self-love and self-esteem will take a hit. You may not want it, but by focusing on the negative emotion you will attract more of the same.

Imagine what it would be like to not compare yourself to others and what they have and know that you can have a life you desire and truly deserve. It is yours by Divine Right.

Imagine what it would be like to feel confident and have feelings of self-love and self-respect so that any changes you need to make can be achieved with a sense of purpose, determination and ease. Any feelings of being stuck just drift away leaving you to face the future with excitement instead of dread.

I know what it feels like to live every day with a fear of speaking up and challenging the status quo. I would try and be invisible and just get on with it. I had very low self-esteem and no confidence, but when I realised, I had all the answers and that I

only had to ask my Higher Self, my whole life changed, and I am now a confident businesswoman in her own power.

Change starts with awareness, but sometimes we just do not know how or where to start, so that we can be aware! You have the right and the ability to have the life you want and desire, but it can be hard going at times and this is where my support can be useful...I will help you to find what lies hidden within and bring it to your awareness where you can deal with it - unblock it, heal it, and nurture the true you that you really are. This then allows you to move forward with confidence and clarity.

I am an Intuitive Life Coach which means I use my gifts to link directly with your Soul and what it needs. Any healing happens at a much deeper level so that any changes are long lasting. Limiting beliefs and blocks become a thing of the past.

Book a 'Confidence Call' with me now, where you will receive guidance on how to kick start your future.

This Call is FREE...the Universe rewards action so do it now!
Your Investment in Your Confident Self is £2500
A payment plan is available so please ask!

I also work with teenagers to help build confidence and self-esteem. Self-love is a must if we want to grow into empowered adults.

Children need to know 3 things that they are loved, they are safe and that they are listened to. If we build this into our children at a young age, they grow into powerful adults who achieve all they are here to do.

Please contact me in the usual ways to discuss how I can work with your young person.



Bring your Dream Business to life with
Linda Rowntree
Intuitive Souls Life Coach

My DREAM Business Start Up Programme

On this course I help you to build your DREAM business by connecting with your Soul Purpose, supporting you to find the strategies you need to maintain your business. This is a 3-month course where you will get clear on how you can bring your DREAM to the world and how you can build a DREAM business around it.

This DREAM Business Course is for you if:

- You have a business idea, but don't know where to start
- You are working in a job that is unfulfilling
- You know you have 'more' to give
- You lack self-belief which stops you from expressing who you truly are
- You have a 'calling' but something stops you from realising it

This is where my experience can help and support you to realising your DREAM business and the steps you need to put in place to not only sustain it, but to keep it growing. I can help you to step into your purpose with self-belief and confidence.

We will cover such things as:

- Finance and accounts
- Staff
- Premises and workspace
- Mindset, Soul and Life Purpose
- Time management
- Targets and goal setting
- Goods and/or services – Pricing and product presentation
- Advertising and marketing
- Much more...

Desires Releasing Energy Always Manifests

Focus on the possible and you make it probable. Focus on the probable and you make it a reality.

I work intuitively and this means that this programme is tailored to suit you and your Dream Business.

Your investment in your Soul based business is £2500
If you prefer a payment plan, then please get in touch!

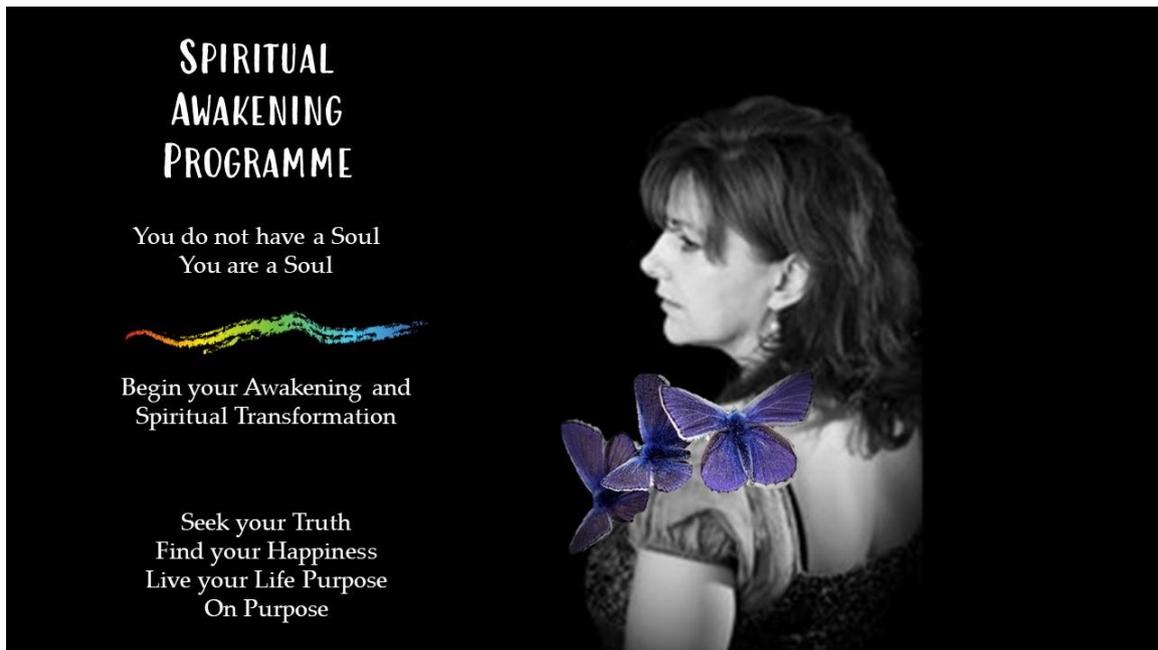
I have had my own holistic business since 1998, and I understand what can hold you back and stop you from letting your light shine:

- Feeling vulnerable because you are sensitive and caring
- You feel like you do not have the skills to be a business owner
- Scared that you will fail
- Don't like taking risks especially with money
- Find it difficult to charge your worth

If you want to create a business that benefits and inspires humanity and makes a difference in the world, then call me for an 'I am ready' call on +(44) 07581 533 425

On this 3-month programme we will connect once a week for an hour or so, this may be in person or on a video call. We will cover:

- Your Soul Purpose – what it is and how to build a business around it... only you know what it is!
- Life Mission – knowing what your Soul Purpose is, is only part of the picture. Once you know your Soul Purpose, it makes your Life Mission that much easier.
- How to connect to your Higher Self and Trust what it brings
- Self-care – physically, mentally, emotionally and spiritually – including Mindfulness and Meditation
- Intuition as a Lifelong Tool
- Mindset – what it takes to be a business owner/entrepreneur
- Limiting Beliefs how to deal with them and remove the blocks they create
- Your vision – clarity and viability to align with your personal and professional goals – Law of Attraction and Visionboards
- Goal setting – step by step along with Time Management
- Visioning and Imagination and Journalling
- Branding – how to build it
- Advertising and marketing – Finding the right market and your ideal clients
- Support – how to find the right staff and keep them
- Practical things like – Location, equipment, accounts
- Accountability – Commitment and keeping on course
- And more...



The Spiritual Awakening Programme is a 12-week programme for Intuitive Souls who are struggling to understand the spiritual world around us.

Everything begins in the dark, babies in the womb, seeds in the ground, thoughts in our mind, so if you are feeling in the dark at the moment, then that is completely natural. I can help take the struggle out of emerging into the light and making sense of feelings, emotions and hits of inspiration that you may be getting at the moment.

If you are reading this, it is not by accident, it is because you are meant to be here, and something has drawn us together. This is part of the spiritual you, the intuition that will draw people and situations to you for your learning and development.

Over the 3 months we will have weekly sessions where I will help you to connect not only to people, places and things that are seen, but to the unseen world that we are a part of too.

I will teach you techniques so that any connections you do make are understood, so that you can develop in a safe way, taking any fear away in the process.

If you are feeling:

- Lost and bewildered
- Scared and cannot sleep
- Not understanding what is going on
- Lonely and confused

But wish to feel:

- Connected and confident in what you are understanding
- Safe and at peace
- Realising that it is ok not to understand everything all of the time
- Life is a journey and this part of your life and journey is exciting, and beautiful
- You are connected to all there is so no need to feel alone and adrift
- Clarity and change is hard at times, but so, so worth it

We all have a support team of guides and helpers, and they are only too pleased as am I to help and guide you into transforming your spiritual self into the happy Soul you are meant to be.

**This programme is a 1-2-1 and your investment is £2500
If you would like a payment plan, then please ask for details!**

If you are ready to connect with your spiritual help and support team, gain clarity on how to use your natural gifts, then give me an 'I am ready to awake' call. It is FREE and will take about half an hour. Time is relative, but it will be well spent believe me.

I have been where you are and by acknowledging my psychic and mediumship gifts, my gift of healing, my natural ability to teach and empower people to be the best version of themselves they can be, I have never looked back. I gave up a corporate job to build a thriving spiritual based business and love every minute of my day.

Take that inspired action now and email me on: linda@lindarowntree.com or Tele: 07581 533 425. Trust and believe that the nudge you feel is the right one and do it now.

Quest for Happiness



**Your Quest for Happiness
Your Truth in Action
Follow your Souls calling to transform
from being a Simple Soul to an
Empowered Divine Soul**



This 3-month programme will take you from a place of fear, sadness, loneliness and despair to one of harmony, peace, and happiness. True happiness comes from within and starts with reconnection to the Soul you are.

By remembering what your Soul Purpose is, you can then connect with your unique gifts and bring that uniqueness to the world. When this happens, your heart will sing with joy and life becomes so much easier.

When we understand how to commit to our Soul Purpose and what we are here for, it makes our life and journey so much easier we then connect intuitively and our conscious creation kicks in. We can then manifest our dreams and desires with little or no trouble at all.

You may be feeling like life is passing you by. You may feel that there has to be more to life than there is at the moment. This is your Soul telling you that you have a mission here and at the moment it is not being fulfilled.

Until I knew what my Soul purpose was, I put up with... and put up with... and put up with... you don't have to do that, because I know how to help you to remember your Soul Purpose, how to then put it into action in your everyday life and create a life of happiness and abundance. Win win!

Knowing your Souls Purpose will motivate you and drive you forward and because you are in alignment and harmony with Universal Law, especially the Law of Attraction, your Authentic Dreams become reality, much quicker and easier than ever before.

This life is all about the journey. Let me journey with you to your becoming. I can help and support you in finding what lies hidden. You know it all anyway, you brought it with you, you just have to remember.

On this course you will find your truth and be able to tap into it at any time. Your Higher Self knows all there is to know about you, past, present and future. It is the voice of your Soul and is of unconditional love. Your Higher Self will only tell you the truth because truth can only ever come from love.

When you feel awkward or there is resistance it is because your Higher Self is letting you know that there is something wrong. Learn to trust it and believe in the outcome.

Happiness is heartfelt and a condition of all your experiences past, present and future, this includes past and future lifetimes. Start today and fill your life with meaning and purpose.

Happy Asking Produces Prosperity. Intention Nurtures Energy for Spiritual Security

Linda Rowntree

Remember who you are – the Soul that you are
Remember what you are here for – your Souls' Purpose
Find a way to achieve it – Your Souls' Journey
Reconnecting with your Soul Gifts – life becomes so much easier

Book your FREE call with me now, your Soul knows it is the right thing to do.

**Your Soul investment is worth £2500
If you would like a payment plan, these please get in touch!**

Soul Retrieval Session – When we experience people, places or things we can leave an energetic part of us with the person, place or thing. The Soul Retrieval Session takes you on a journey to find and to bring that part of you back to realise healing and help bring about a sense of oneness and completeness once again. These are offered as a one-off session. Investment: £197

Past Life Regression – Find out how your past life is affecting this one. Investment: £245

This is my Soul Purpose – to make your Life Purpose meaningful and fun



MEET YOUR CONFIDENT SELF

'I Am I'

Unconditional Acceptance of
who I AM

This is a one-day workshop where we will begin with goal setting and what your vision holds. We then look at what may be holding you back from achieving your vision and then clear any blockages that keep you stuck. Once these blockages are cleared then you can move forward with confidence and clarity to the life you Desire and ultimately Deserve. This is a one-day group workshop where you can be supported by others and their stories. You will also have a follow up accountability check to make sure you achieve what comes up for you on the day.

Meet Your Confident Self - Group Course

In the 12 weeks it takes to do this course you will begin to understand that you are worthy of having the life you desire. Your motivation should be to increase your feelings of self-worth, and this will help you to become more confident and should give you the drive to make the changes you need. If you are ready to get out of your own way and understand that openness, accountability and learning with others and their experience, can help and support you too, then book now. These sessions are 2 hours long and encourage care and understanding. I ensure that a safe space is always upheld as this brings growth and insight. It can be quite magical.

Moving forward with confidence means you can change any area of your life and help you feel passionate about your future.

For the Meet Your Confident Self workshop or the Meet Your Confident Self Group Course – please register your interest and you will be notified as soon as a date is scheduled.

Client Testimonials - This is what some of my clients say about our work together... I had a one-off session for My DREAM Business...before I started with Linda, I was struggling with a sense of purpose and what direction I should take. I trust Linda and her abilities, and I knew I would get the answers I needed. There were several moments when I realised that I could do what I wanted to do and that spirits were working hard to make this happen. The biggest emotional shift was in believing in myself and that I could do something to change my life. The benefits I have felt have been a real awakening, I now have the confidence and belief in myself and my gifts.

Linda is a professional, friendly, kind and caring person. She knows what she is doing, and she is the best in her field. She is fabulous...Helen

Meet Your Confident Self Day - I was feeling quite 'stuck' and couldn't think clearly and was unable to move forward. I felt I needed to do Linda's workshop to gain more confidence in myself, so that I could make decisions easily. During meditation it became crystal clear why I lacked confidence and as the day went on it became clearer which situations needed more attention. I was surprised how much I processed during the days that followed as I feel the impact has spread to affect more than one area of my life. I would recommend Linda to anyone as she is an amazing, giving, truly talented lady who can help hugely when life becomes difficult...Karen

Meet Your Confident Self – Whilst I felt reasonably in control of my life and work there were certain issues that required some adjustment from a confidence perspective, and I wanted to 'Meet My Confident Self' to learn why my confidence can be knocked and what tools I can use to help with these situations. When sharing information with others on the course, it was wonderful to not feel alone, and I felt very comfortable talking about my situation and felt completely at ease. I would recommend Linda to others as she has a lovely personality and makes you feel very relaxed during the course...Phillip

Before I started the '**Meet Your Confident Self**' course with Linda I was not in a good place. I was very unhappy, unsure of myself and had no self-belief. I wanted more confidence, to love myself and to be proud of the things I have achieved. During the course, I realised I self-sabotage because of my fear of failure and it was holding me back. I have realised only I can help myself, by loving me and putting myself first. The area that I felt I achieved the most help with is self-image. Linda is honest, helpful, knowledgeable and she looks at things from every aspect. She gets you to look at yourself with love and honesty...Sharon

I also offer:

1-2-1 READINGS – GUIDING THE SOUL
THERAPIES – HEALING THE SOUL
COURSES, CLASSES AND WORKSHOPS – FEEDING THE SOUL

I have more recently been asked to speak in public about my life and all that it holds, so, if this is something you feel you have a need for, then contact me for more details.

For more information on any of the above – take a look at www.lindarowntree.com

I look forward to being of service to you

I have suffered in the past from low self-esteem and people who know me now will find that hard to believe. For those who have been travelling with me for longer, will know that to be so.

I gave up a very highly paid executive career to start my own business and I have to say that it was one of the best decisions I have ever made.

It has been a hard slog at times but so worth every moment. I still have a beautiful home, but I enjoy spending time here. I still have family but enjoy being in their company and love them all dearly. I still have close friends but enjoy the loving exchanges we have as well as the fun. I now have a thriving business, because somewhere along the way I have found my Life Purpose which is to help you empower yourself with your own truth, your own sense of self-worth and self-love.

Linda is fully insured and has relevant DRB checks.

Every day is different and everyday feeds my Soul...

I now Trust and Believe in myself as I trust and believe in the Universe, and the Universe Trusts and Believes in me

**In early 2021 I published a book called – ‘The Universe is Talking to You’
You can buy it on Amazon or in person**